

# AMINOVEN<sup>®</sup>

Amino Acids Solution

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## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some common questions about Aminoven. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you being given Aminoven against the benefits this medicine is expected to have for you.

**If you have any concerns about this medicine, ask your doctor or pharmacist.**

**Keep this leaflet.** You may need to read it again.

### What Aminoven is used for

Aminoven contains amino acids and is an intravenous infusion, which is given as a part of intravenous nutritional therapy. When the intake of nutrients or food into the mouth or directly into the gut is not possible or it is not enough to supply the body's needs then intravenous nutrients or foods can be given. This is especially important for people whose bodies are under physical stress from illness or recent surgery. During illness or after surgery the body requires nutrition or food. Amino acids are the building blocks used by the body to make proteins. Aminoven is usually given together with carbohydrates, fats, salts, trace elements and vitamins to provide a complete intravenous diet.

Your doctor may have prescribed Aminoven for another reason. Ask your doctor if you have any questions about why Aminoven has been prescribed for you.

### Before you are given Aminoven

#### **When should you NOT be given Aminoven?**

You should NOT be given Aminoven if

- You have an allergy to Aminoven or any of the ingredients listed at the end of this leaflet.
- You have an inability to break down amino acids.
- You have severe liver failure.
- You have severe kidney failure (if dialysis facilities are not available).
- You have too much fluid in your body.
- You have too much acid in your blood, also called metabolic acidosis.
- There is not enough oxygen being supplied to your cells.
- You are experiencing a sudden decrease in blood pressure.
- You have certain untreated heart problems.

If you are not sure whether any of these apply to you, check with your doctor.

#### **You must tell your doctor:**

- If you have any allergies to any other medicines or any other substances, such as foods, preservatives or dyes.
- You have low potassium levels in your body.

- You have too low sodium levels in your body.
- You have too much lactic acid in your body.
- Your blood is very concentrated.
- You are suffering from a blood disease or an infection of the blood.
- You have certain untreated heart problems.
- If you are pregnant or intend to become pregnant. Your doctor will discuss the risks and benefits of using Aminoven during pregnancy.
- If you are breastfeeding or plan to breastfeed. Your doctor will discuss the risks and benefits of using Aminoven when breastfeeding.
- If you are under 18 years of age.

If you have not told your doctors about any of the above, tell them before you are given Aminoven.

#### **Taking other medicines**

Some medicines can interact or interfere with each other. There are currently no known medicines, which can interfere with or be affected by Aminoven.

#### **Use in Children**

There is currently not enough information to recommend the use of Aminoven in newborns, infants or children.

### How is Aminoven given

Aminoven is given as a continuous infusion into a central vein. An electronic pump may be used to

control the speed of the infusion of drip. Aminoven is usually given as a mixture with glucose, fats, salts, trace elements and vitamins. Aminoven must only be given by a doctor or nurse.

### **How much is given**

Your doctor will decide what dose you will receive. This will depend on your condition, any other diseases you may have and your body weight.

Your doctor will also calculate your requirements for energy, salts, trace elements and vitamins.

### **How long it is given**

The infusion will be continued for as long as your condition requires.

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## **Side Effects**

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Aminoven, like all other nutrient solutions which are given intravenously, may cause side effects in some people. When Aminoven is correctly administered, there should be no adverse effects however if you experience anything unusual during treatment, tell your doctor immediately.

The adverse effects that occur during overdose (see below) are usually reversible and regress when therapy is discontinued. Infusion via central veins in general may have an increased risk of infection.

### **If you are given too much (overdose)**

This rarely happens as Aminoven is usually administered under the care of a trained professional in a hospital or clinic setting.

However, if you are given Aminoven too quickly or too much, you may experience the following side effects: feeling sick (nausea and vomiting) or shivering.

Your doctor has information on how to recognise and treat an overdose. Ask your doctor if you have any concerns.

Otherwise immediately contact your doctor or a Poisons Information Centre in your country.  
Australia: 13 11 26

### **While you are given Aminoven**

Your doctor will order blood and urine tests while you are given Aminoven to monitor your progress. From the results, your dose of Aminoven may be adjusted.

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## **Storage**

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Aminoven will be stored in the pharmacy or on the ward.

The infusion solution is kept in a cool dry place protected from light, where the temperature stays below 25°C.

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## **Product Description**

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Aminoven is a clear, colourless to slightly yellow solution, which is supplied in glass bottles.

The amino acids present in the formulation are:

Alanine  
Arginine  
Glycine  
Histidine  
Isoleucine  
Leucine  
Lysine Acetate

Methionine  
Phenylalanine  
Proline  
Serine  
Taurine  
Threonine  
Tryptophan  
Tyrosine  
Valine

The other ingredients are glacial acetic acid and water for injections.

1000mL of Aminoven 10% supplies 100 g of amino acids, 16.2 g of nitrogen and 1680 kJ energy.

Aminoven does not contain gluten, lactose, sucrose, tartrazine or any other azo dyes.

Aminoven 10% comes in two pack sizes and can be identified by the AUST R numbers;  
500 mL : AUST R 117659  
1000 mL : AUST R 117661

It may be supplied from the pharmacy as a mixture of Aminoven, glucose, fats and vitamins. In this case it would be a milky white mixture in a plastic bag.

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## **Sponsor**

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This leaflet was prepared in August 2016.